

Say hello to personalized health and wellness resources

from UnitedHealthcare



With so many helpful resources, it's a call you won't want to miss.

It may seem unusual, but the next time your phone's caller ID reads "UnitedHealthcare," there's a good chance it's an offer to connect you with information to help you manage or improve your health.

These are not sales calls; no one will try to sell you anything. Rather, the calls are used to extend invitations to members who have been identified as those who could benefit from a conversation with a nurse. Reasons for these calls can include:

Wellness Coaching

After taking your Health Survey you might receive a call from one of UnitedHealthcare's wellness coaches to discuss available coaching programs to help you work toward your health and wellness goals.

Welcome Home

A Care Coordination nurse may call after you return home from a hospital stay to help confirm you have after-care instructions, medication, medical equipment or other needs.

Disease Management

Our nursing staff receives referrals for patients who have certain medical conditions such as diabetes or coronary artery disease. Based on this information you may get a call to help connect you to tools and resources that help you manage your health.

Healthy Pregnancy

When you find out you are pregnant, a nurse from our Healthy Pregnancy program will reach out to you to offer educational services and health resources.

If you miss one of our calls or have questions regarding your UnitedHealthcare coverage, please call our customer care professionals at the number listed on your health plan ID card.

Note about your privacy: We are dedicated to safeguarding your privacy. UnitedHealthcare does not share your name or any other identifying information. Your conversations will remain confidential. For informational purposes only. Nurses cannot diagnose problems or recommend specific treatment and are not a substitute for your doctor's care. These services are not an insurance program and may be discontinued at any time. Insurance coverage provided by or through UnitedHealthcare Insurance Company or its affiliates. Administrative services provided by United HealthCare Services, Inc. or their affiliates. Participation in the Health Assessment is strictly voluntary. Any health information collected as part of the assessment will be kept confidential in accordance with the Notice of Privacy Practices; be used only for health and wellness recommendations or for payment, treatment or health care operations; and be shared with your health plan, but not with your employer. The Healthy Pregnancy Program follows national practice standards from the Institute for Clinical Systems Improvement. The Healthy Pregnancy Program can not diagnose problems or recommend specific treatment. The information provided is not a substitute for your doctor's care.
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