

Medicaid Waivers: Accessing Services and Funding to Support Your Child



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Objective for Today



- By the end of this session, the attendees will have the information and tools needed to network and develop a plan using the System of Care (TEA, IDD Centers, TWS, and DHHS)

Accessing Services and Funding to Support Your Child



- State System of Care
- Role of Local Community Centers
- Medicaid Basics
- Waiver Programs – Eligibility & Services
- Waiver Programs – Interest Lists
- Entitlement Program – Community First Choice
- System Change – Managed Care for Waiver Programs

State System of Care



- Through Federal and State Laws, Texas has responsibilities for ensuring a statewide system of care for individuals with intellectual and developmental disabilities.
- The State is required to budget for the provision of these services.
 - Child/School Age requirements
 - Adult Long Term Services requirements
 - Maximizing Services with Federal Match: Medicaid Waivers, Waive Funding from Institutional Care to Community Programs

Role of Local Community Centers



- Activities that Local Centers are authorized to perform, on the State's behalf, for individuals with Intellectual and Developmental Disabilities
 - Required by laws and rules
 - Defined in State Contract with each Center
 - Mandated to assist families to access Medicaid Waivers and other funding sources for services

Role of Local Community Centers



- **Front Door for Medicaid Waivers**
 - Screening
 - Placement on Interest List for some Waiver Programs
 - Referrals to other Resources and other Waiver Programs
 - Eligibility Determination
 - Enrollment into HCS, TxHmL and CFC Programs
 - Service Coordination for HCS, TxHmL and CFC Programs

Medicaid Basics



- Medical Health Coverage for eligible groups: pregnant, disabled, blind, aged.
- Long-Term Care for disabilities and seniors.
- Medicaid had previously covered only institutional long-term Care.
- Medicaid Waiver is flexible funding: Waived institutional rules to create community services and supports
- \$1 in Medicaid = 60% Federal/40% State
- Waiver eligibility based on person's income, not the families. Exception: TxHmL

Waiver Programs



- STAR + PLUS Waiver
- Medically Dependent Children Program
- Community Living Assistance and Support Services
- Deaf Blind with Multiple Disabilities
- Home and Community Based Services
- Texas Home Living
 - Handout

Waiver Programs – STAR+PLUS



- **Eligibility**
 - Age: 21+
 - Medical/Disability: Meet Medical Necessity for Nursing Facility
 - Income: Monthly limit of \$2,163
 - Resources: No more than \$2,000 in countable resources
 - Determination: Assessment by Managed Care Organization (MCO)

Waiver Programs – STAR+PLUS



● Services

- Consumer Direction Available
- Service Coordination through Managed Care Organization (MCO)
- Adaptive Aids/Medical Supplies/Minor Home Modifications/Emergency Response System
- Therapies: OT, PT, Speech,
- Specialized Health: Nursing, Dental
- Personal Assistance Services
- Assisted Living (licensed, up to 6 bed), Adult Foster Care
- Respite Care (in home)
- Home Delivered Meals
- Transition Assistance Service

Waiver Programs - MDCP



- **Eligibility**
 - Age: Under 21 years of age
 - Medical/Disability: Meet Medical Necessity for Nursing Facility
 - Income: Monthly Limit of \$2,163 (Parent income does not count for child under 18)
 - Resources: No more than \$2,000 in countable resources
 - Eligibility: Assessment by Managed Care Organization

Waiver Programs - MDCP



- **Services**
 - Consumer Direction available
 - Service Coordination through Managed Care Organization (MCO)
 - Adaptive Aids/Minor Home Modifications
 - Employment Assistance/Supported Employment
 - Flexible Family Support – Personal Care Service (services that support independent living, participation in child care, participation in secondary education)
 - Respite
 - Transition Assistance (one time from Nursing Facility)

Waiver Programs - CLASS



- **Eligibility**
 - Age: All Ages
 - Medical/Disability: Related Condition (A developmental disability that occurred before the age of 22, and with Moderate to Extreme Adaptive Behavior Deficits); No IQ limitation
 - Income: Monthly Limit of \$2,163
 - Resources: No more than \$2,000 in countable resources
 - Determination: Assessment by Case Management Agency contracted with the state

Waiver Programs - CLASS



- **Services**

- Consumer Direction Available
- Case Management thru Case Management Agency
- Adaptive Aids/Medical Supplies/Minor Home Modifications
- Therapies: Audiology, OT, PT, Speech,
- Specialized Therapies: Auditory Enhancement/Integration, horseback riding, massage, recreational, music, aquatic
- Specialized Health: Nursing, Dietary, Dental, Prescription Rx
- Behavior Support Services
- Assisted Living (licensed, up to 6 bed), Residential habilitation
- Respite/Support Family Services/Continued Family Services
- Employment Assist./Supported Empl./ Habilitation/Pre-Voc

Waiver Programs - DBMD



- Eligibility
 - Age: 18 years or older
 - Medical/Diagnosis: Legally deaf, blind with a third disability resulting in need for daily habilitation
 - Income: Monthly Limit of \$2,163
 - Resources: No more than \$2,000 in countable resources
 - Determination: Assessment by Provider Agency contracted with state

Waiver Programs - DBMD



- **Services**

- Limited Consumer Directed Option available
- Adaptive Aids/Medical Supplies/Minor Home Modifications
- Therapies: Audiology, OT, PT, Speech, Hearing and Language
- Specialized Health: Audiology, Nursing, Dietary, Dental, Prescription Drugs
- Chore Provider, Orientation and Mobility, Environmental Accessibility
- Behavior Support Services
- Assisted Living (licensed, up to 6 bed), Residential habilitation
- Respite
- Employment Assistance/Supported Employment

Waiver Programs – HCS



- **Eligibility**
 - Age: All ages
 - Medical/Disability: Level of Care I or Level of Care II:
 - ✦ LOC I: Intellectual disability with IQ 69 or below, or IQ 75 or below with Related Condition and mild to extreme adaptive behavior deficits
 - ✦ LOC VIII: Related Condition (includes Autism, cerebral palsy, seizure disorders, spina-bifida) and Moderate to Extreme Adaptive Behavior Deficits
 - Income: Monthly Limit of \$2,163
 - Resources: No more than \$2,000 in countable resources
 - Determination: Psychological Testing by Local Community Center, demonstrated need for habilitation

Waiver Programs – HCS



- **Services**

- Consumer Direction Available
- Case Management through Local Community Center
- Adaptive Aids/Minor Home Modifications
- Therapies: Audiology, OT, PT, Speech,
- Specialized Health: Nursing, Dietary, Dental, Prescription Rx
- Behavior Support Services
- Residential (3 or 4 bed group home, Host Home/Companion)
- Respite
- Employment Assistance/Supported Employment
- Day Habilitation
- Transportation
- Transition Assistance Service
- Community First Choice like services: PAS/HAB

Waiver Programs – Texas Home Living



- **Eligibility**

- Age: All ages, must live in own or family home
- Medical/Disability: Level of Care I or Level of Care II:
 - ✦ LOC I: Intellectual disability with IQ 69 or below, or IQ 75 or below with Related Condition and mild to extreme adaptive behavior deficits
 - ✦ LOC VIII: Related Condition (includes Autism, cerebral palsy, seizure disorders, spina-bifida) and Moderate to Extreme Adaptive Behavior Deficits
- Income: Monthly Limit of \$2,163 (income of parent of individual under age 18 counts)
- Resources: No more than \$2,000 in countable resources
- Determination: Psychological Testing by Local Community Center, demonstrated need for habilitation

Waiver Programs – Texas Home Living



- **Services**

- CDS Available
- Case Management through Local Community Center
- Annual Cap: \$17,000 (CFC is not part of the CAP)
- Adaptive Aids/Minor Home Modifications
- Therapies: Audiology, OT, PT, Speech,
- Specialized Health: Nursing, Dietary, Dental, Prescription Rx
- Behavior Support Services
- Respite
- Employment Assistance/Supported Employment
- Day Habilitation
- Transportation
- Community First Choice like services: PAS/HAB

Waiver Programs: Interest Lists



- **There are Interest Lists for all Waiver Programs**
 - Legislature budgets for number of people to be offered enrollment from the Interest List each biennium
 - HCS and TxHmL: Texana Center, 281-239-1363
 - HCS and TxHmL: The Harris Center, 713-970-7000
 - All other Waivers: HHSC, 1-844-438-5658
- **There are no Interest Lists for Entitlement Programs**

Waiver Programs: Interest Lists



- HCS – 91,968
- TxHmL – 71,894
- CLASS – 65,745
- MDCP – 17,490
- DBMD – 374
- STAR PLUS – 11,498
- Unduplicated – 137,806
 - Current Statewide Numbers Effective 3/15/18

Entitlement Program: Community First Choice



- **Eligibility**
 - Age: All ages
 - Medical/Disability:
 - ✦ Must meet Medical Necessity OR
 - ✦ Level of Care I or Level of Care VIII
 - LOC I: IQ: 69 or below, or 75 or below with Related Condition and mild to extreme adaptive behavior deficits
 - LOC VIII: Related Condition, Moderate to Extreme Adaptive Behavior Deficits
 - Income: Monthly limit of \$2,163
 - Resources: No more than \$2,000 in countable resources
 - Determination: Assessment by Managed Care Organization (MCO) for Medical Necessity OR Assessment by Local Center for LOC I or LOC VIII

Entitlement Program: Community First Choice



- **Services**

- Personal assistance services: Assistance with Activities of Daily Living/Instrumental Activities of Daily Living
- Habilitation services: Training and support to acquire, maintain, or enhance skills to accomplish ADLs/IADLs or health related tasks
- Emergency response services
- Support management: Voluntary training on how to select, manage and dismiss attendants

Texas Long-Term Services and Supports System Change: Medicaid Managed Care



- Senate Bill 7: 83rd Legislature
- Timeline Changes by the 84th Legislature
 - 2016 MDCP
 - 2020 Texas Home Living
 - 2021 HCS, CLASS, DBMD
- The responsibility for managing long-term services and supports (Medicaid) for individuals with IDD will shift from State Agencies to Managed Care Organizations, in a structure that looks similar to how acute care (Medicaid) is structured
- The State will not pay Waiver providers, the state will pay the Managed Care Company a monthly rate based on the member's level of need, and the Managed Care Company will pay the Waiver provider

Texas Long-Term Services and Supports System Change: Medicaid Managed Care



- **Medicaid Managed Care Responsibilities:**
 - Maintaining a network of credentialed providers
 - Authorizing Services
 - Service Coordination: Assistance with Accessing Providers
- **LIDDA Responsibilities:**
 - Eligibility determination
 - Functional Assessment
 - Case Management – Planning, monitoring, linking, crisis prevention and management
- **State Responsibilities:**
 - Contract oversight with the MCOs
 - Contract oversight with the LIDDAs
 - Regulatory oversight of Waiver Providers

Together with TEXANA and School Districts



- How do we make the connection with parents?
 - Individual Parent Meetings during ESYS
 - Parent Educational Nights
 - Face to Face/Phone/Email communication
 - Meeting with district's Director and/or Transition Coordinator
 - Transition Fairs

Exit Plan – 4 Year Plan



- 4 Year Plan vs. Aging Out
 - What is the difference?
 - Why would students age out?
 - Agency ideology
 - Education ideology

Why 17 Years Old is the “Big” Year



- SSI - at age 18 the student may qualify for SSI – they must be 18 years old and it is based on income
- Guardianship – at age 18 the adult student has all rights of an adult. If the parents want to have guardianship over their child they must apply for guardianship and it should be done by the student’s 18th birthday
- Medicaid – at age 18 the student may qualify for Medicaid – again they must be 18 years old and it is based on income

Why 17 Years Old is the “Big” Year



- Testing and Intake Paperwork – all paperwork for testing and intake should be completed by the student’s 18 birthday.
 - IDD Center – long term services
 - TWS - vocational support

Transition in the Public Schools



- **Agency Connection**

- Every student must have evidence that an effort was made to connect them with an agency for postsecondary services. This effort must be documented in the ARD/IEP paperwork.
 - ✦ Consent from parent/adult student to invite an agency to the ARD meeting
 - ✦ Documented contact with agency
 - Date of last contact with agency
 - If student is on list or currently receiving services
 - Date parent/adult student was provided information about an agency

Transition in the Public Schools



- **Post Secondary Goals**
 - All students must have obtainable and realistic age appropriate post secondary goals.
 - ✦ College
 - ✦ Trade school
 - ✦ Supportive Employment
 - ✦ Day Habilitation Program

Resources/Contacts



- Texas Health and Human Services Commission
 - www.hhsc.state.tx.us
- Texana Center
 - **Tim Jones, Transition Coordinator**
 - Tim.jones@texanacenter.com
 - 281-239-1387
- Hattar Educational Advisors
 - **Tresha Hattar**
 - info@theiepboss.com
 - 281-675-5655