



Parent Night
Course Selection Information
Incoming 7th and 8th Graders
Dean Leaman Junior High
School



Trey
Watkins
Principal



Assistant Principals

Karl Carlton



Richard Bailey



Leslie Spencer



Lisa Cirella



Counselors



Alma Prince
A-Gr



Azure Gaines
Gs-Om

Latoya Session
On-Z



Kevin Kracker
504 Coordinator

Presentation Overview

- Course Planning and Selection
- Incoming 7th Grade Course Selection Information
- Incoming 8th Grade Course Selection Information
- Pre-Ap & Schedule Change Information
- Electives Available to 7th and 8th Graders
- High School Credit Information
- High School Credit Courses – 7th and 8th
- High School Credit Courses – 8th Only
- P.E. and Major Sports
- Clubs and Activities
- Reminders



Course Planning
and Selection

Course Selection Timeline/Schedule

Current 7th Grade

- **Jan. 16-24** - *Counselors present information to current 7th Grade students during Science class*
- **Jan. 21-31** –*Skyward Window opens for course selection for 2025-2026 school year*
- **Jan. 21-31** - *Counselors help current 7th grade students complete course selection for 8th grade during Social Studies class*
- ✓ ***Course Selection Form must be signed by parents and turned in during course selection with Counselors***

Course Selection Timeline/Schedule

Current 6th Grade

- **Jan. 15-** *Counselors present information to current 7th Grade students at Roberts Middle School*
- **Jan. 21-31** –*Skyward Window opens for course selection for 2025-2026 school year*
- **Jan. 21-31** - *Counselors help current 6th grade students complete course selection for 7th grade*
- ✓ ***Course Selection Form must be signed by parents and turned in during course selection with Counselors***

Incoming 7th Grade Course Selection Information

7th grade- General Information

- Students must take:

****ELAR***

****Math***

Science

Social Studies

AVID

1 from: PE , Major Sports, Color Guard, OR Dance

1 Elective

****STAAR Tested Area***

- Students are allowed to take high school credit courses
- Students may choose PAP/GT or Academic Levels

Incoming 8th Grade
Course Selection
Information

8th grade - General Information

- Students must take:

****ELAR***

****Math***

****Science***

****Social Studies***

-PE, Major Sports, Color Guard, or Dance

-2 Electives

- Students may choose PAP/GT or Academic Levels

*STAAR Tested Area

- Students are allowed to take high school credit courses
- Students who successfully complete 7th Grade PAP Math may be placed into Algebra 1.
 - Algebra I is a high school credit course
 - Students enrolled in Algebra I PAP are required to take the STAAR End of Course Exam.
 - Grade points are earned toward high school GPA (Grade Point Average).
 - Students must have credit for both semesters of Algebra I before they can enroll in any other high school math course.

PAP & Schedule
Change
Information

PAP

- Pre-Advanced Pathway (PAP) courses are more complex and abstract.
- The courses emphasize the academic study and performance skills to help prepare or continue the advanced learner to successfully complete the Advanced Placement (AP) classes in that subject area.
- LCISD students who attended Middle and/or Junior High School in this district will continue the higher-level skill building that they previously experienced in the four core subject areas.
- Parents may choose PAP classes for students in Skyward
- Any student who fails a PAP class for the school year must still attend summer school

Schedule Changes

- We build our master schedule off course requests. After a student chooses a class, it is difficult to move a student later in the year when they decide that class may not be for them.
- Most times, the entire schedule must be changed and teachers are changed.
- We build the number of sections based off course requests. When students request to move this creates imbalances in class sizes.
- **Please be sure you want the classes you are choosing! There is a specific window for schedule changes**

Electives
Available to
7th and 8th graders

7th/8th grade Art

Art Contests:

Rodeo
VASE
UIL- competition

Art Mediums Covered:

Pencil/Colored pencil
Watercolor
Collage
Mobiles
Plaster
3D Sculptures
Charcoal
Scratchboard
Chalk pastel
Weaving
Oil pastel
Acrylic Paint
Ink
Clay
Sculpture
3 D paper building



BAND

- Learn (or continue to learn) to play woodwind, brass, or percussion instrument.
- Experience all kinds of different music in a band setting.
- Perform multiple concerts, contests, and pep-rallies each year.





THE POWER OF CHOIR





Choir Overview

- ▶ UIL- Concert & Sight Reading
Region Choir
Solo & ensemble
- ▶ Learn to sing all type of songs
- ▶ Perform
- ▶ Field Trips



CHOIR CLASSES

1. UIL Advanced Choir Girls (Must Tryout)
2. 7th Grade Girls Choir
3. UIL Advanced Boy Choir (Must Tryout)
4. 7th Grade Boy Choir





CHOIR IS FLEXIBLE



1. Choir is flexible- Can be in sports or other activities.
2. Can be in other electives and still be in choir.



CHOIR DIRECTOR

INFORMATION

Mrs. Esparza

Head Choir Director of Leaman JH & Roberts Middle school

Email: lesparza@lcisd.org

Twenty Third Year Teaching

19 Elementary Music

High School Band & JH Band

HS & JH Choir





CONCERTS

A collage of photos showing students performing on stage. The photos are arranged in a grid-like fashion. A purple cassette tape graphic is in the top right corner. A school logo is in the bottom center. The logo is circular with a purple horse head in the center. The text around the horse head reads "IDEAL LEAMAN JUNIOR HIGH" at the top and "CHARGERS" at the bottom. Below the horse head, it says "EST. 2016". At the bottom of the collage, there are navigation icons: a heart, a double left arrow, a double vertical bar (pause), a double right arrow, and a star.

Beginning Orchestra

STRING family



- No previous experience required
- Students are taught the basic skills of playing an instrument and reading music
- Director recommends an instrument after meeting with the student and parents
- Anyone needing financial assistance should contact the director.
- Some outside rehearsals may be necessary
- 1-3 concerts per year



Intermediate Orchestra

- Students are placed in this group via audition with consideration to balanced instrumentation.
- Students continue to develop and refine individual and ensemble skills as well as learn more advanced concepts and skills.
- Performance requirements can include 2-5 concerts, the Lamar CISD Pre-UIL Festival, UIL Concert and Sight-Reading Contest, a spring festival, and other opportunities determined by the orchestra director.
- Participation in the LCISD Solo and Ensemble Contest, TMEA All Region Orchestra auditions are encouraged.



JOURNALISM



Students are the “voice” for student interest articles and topics

Students that enjoy creative writing, photography, current events

Create a printed publication using Adobe

Participate in writing and photography contests

Fine tune skills in Microsoft Word, email etiquette, interviewing, and so much more!

YEARBOOK



To get into Yearbook, student must take Journalism, OR 90 and above in ELAR, OR approved application/interview

Use the Josten's platform to design yearbook pages and create the school's yearbook.



Students get to be in the KNOW with school events and get to attend for FREE.

Fine tune their skillset in photography, creative writing, editing.



Can lead to great opportunities in high school further leading to scholarships if a student decides to write for a college newspaper or yearbook.

Intro to Theater Arts

* Covers the fundamentals of acting and theatrical production.

* Classroom activities include mime / pantomime, improvisation, characterization, technical theatre (including: scenery, lighting, sound, costuming, hair / makeup), and play production.

* Emphasis placed on a variety of in-class performances and individual / group presentations



Disney
BEAUTY
AND THE
BEAST

© Disney



Intermediate Theater Arts

- ***Prerequisite: Introduction to Theatre or teacher approval**
- *Continuation and progression of the Intro to Theatre course.
- *Students will be given higher-level activities involving acting, oral interpretation, technical theatre, and the elements of theatre production
- *Designed for students who are planning on participating in all aspects of play production.
- *Students may have the opportunity to audition for productions.
- *These events will require additional preparation and involvement after school.





Theatre Production

- * **Prerequisite: Intermediate Theatre or teacher approval**
- * This advanced course is for students who have a desire to be involved with play productions.
- * This course is a continuation and progression of the theatre arts curriculum.
- * The nature of this course will require participation in afterschool rehearsals.

AUDITION AND/OR TEACHER APPROVAL
REQUIRED

AVID 8



- The eighth-grade AVID Elective course is the year of preparation for high school.
- The students will regularly exhibit and utilize the skills and strategies learned in seventh grade AVID.
- Students will refine previous goals, focusing on their transition to high school as part of a college preparatory path.
- Other areas of focus include broadening their experiences with analyzing text and utilizing appropriate reading strategies, becoming more involved in the presentations of guest speakers and field trips, particularly as they relate to preparation and prior knowledge.

CAREER →
PATHWAYS

AVID 



High School Credit
Info

What are the advantages of earning high school credit in junior high school?

- This may allow your child to complete graduation requirements early, allow them to take more elective courses in high school, and provide challenging course work to your child.
- Grade points are earned toward High School GPA grade point average for all high school credit courses in junior high.

High School Course Schedule Changes in Junior High

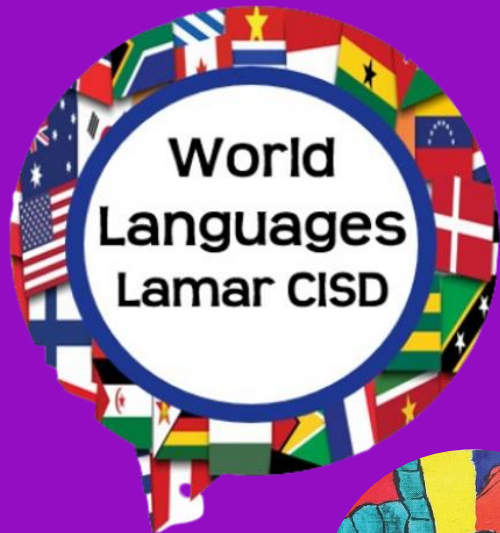
- A student may drop a high school credit course in junior high up through the first progress report of the semester.
- If a student drops a high school credit course through the first progress report, that student must be scheduled into a non-high school credit course as a replacement.
- This can be very difficult to do. Please make sure you are prepared for the HS credit classes you are choosing.
- 8th Grade students are given priority in Spanish and French classes. 7th Grade students will be reviewed on a case-by-case basis to determine if they are prepared for these classes.

Semester Grade Determination for High School Courses

A semester grade consists of three six weeks grades and the semester exam. The three six weeks grades average together for 80% of the semester grade and the semester exam counts as 20% of the semester grade



High School Credit
Courses- 7th and 8th

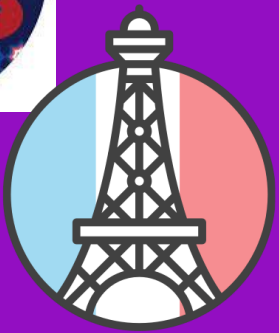


Every student in Texas must take TWO years of a World Language to graduate. Courses must be in the SAME language.

Junior High options: you can start your language credits in JH with Spanish or French. These courses do count towards your HS GPA.



High School options: we offer French, Spanish, or American Sign Language.



Do you speak Spanish already? Sign up for our Spanish for Spanish Speakers course—

this class earns you TWO years of credit in ONE year!

Spanish 1

PREREQUISITE: Prior year Language Arts grade (first semester) of an 85 or higher.

*This is the same Spanish 1 course offered in grades 9-12

*Focus is authentic, real-world communication, as students make connections and compare their own language and culture to the communities of the Spanish-speaking world. This course focuses on the six AP themes.

*Classes are conducted in the target language for 90% of the time, with great attention to comprehensible input which includes: slower speech, repetition, modeling, frequent checks for understanding, visuals, gestures, frequent opportunities for students to practice, and use of English only when necessary.

Grade points are earned towards high school GPA (Grade Point Average)

Students assessed regularly in the three modes of communication:

1. Interpersonal (unscripted conversation in order to complete a task)
2. Interpretive (reading, listening, viewing)
3. Presentational (rehearsed and revised oral and written products).

THIS CLASS IS CONDUCTED IN SPANISH A SIGNIFICANT AMOUNT OF TIME.

*Limited Accommodations



Spanish II

PREREQUISITE: Spanish I

*Continues the development of listening, speaking, reading and writing in the Spanish language.

*Focus is authentic, real-world communication, as students make connections and compare their own language and culture to the communities of the Spanish-speaking world. This course focuses on the six AP themes.

*Classes are conducted in the target language for 90% of the time, with great attention to comprehensible input which includes: slower speech, repetition, modeling, frequent checks for understanding, visuals, gestures, frequent opportunities for students to practice, and use of English only when necessary.

Students assessed regularly in the three modes of communication:

1. Interpersonal (unscripted conversation in order to complete a task)
2. Interpretive (reading, listening, viewing)
3. Presentational (rehearsed and revised oral and written products).

THIS CLASS IS CONDUCTED IN SPANISH A SIGNIFICANT AMOUNT OF TIME.

*Limited Accommodations

HOLA
amigos!

Spanish for Spanish Speakers I & II

Reading, listening, speaking & writing proficiency screening in Spanish with a minimum score of an 80.

* Students may receive credit for Spanish I and II upon successful completion of these courses in one year. Grade points

are earned toward high school GPA (Grade Point Average).

* Designed for students who are heritage or native speakers of Spanish. Their basic skills will be strengthened with an emphasis on vocabulary, reading, writing, and grammar skills at more advanced levels. The focus of this course is on increasing student's ability to use Spanish flexibly in both formal and informal situations by focusing on topics related to the six AP themes.

YO



ESPAÑOL



French I

PREREQUISITE: Prior year Language Arts grade (first semester) of an 85 or higher.

This is the same course as French I offered in grades 9 - 12.

- Course focus is authentic, real-world communication, as students make connections and compare their own language and culture to the communities of the French-speaking world.
- Focuses on the six AP themes.
- **Classes are conducted in the target language for 90% of the time,** with great attention to comprehensible input which includes: slower speech, repetition, modeling, frequent checks for understanding, visuals, gestures, frequent opportunities for students to practice, and **use of English only when necessary.**

Students assessed regularly in the three modes of communication:

1. Interpersonal (unscripted conversation in order to complete a task)
2. Interpretive (reading, listening, viewing)
3. Presentational (rehearsed and revised oral and written products).

*Limited Accommodations



French II

PREREQUISITE: French I

This is the same course as French II offered in grades 9 - 12.

- Course focus is authentic, real-world communication, as students make connections and compare their own language and culture to the communities of the French-speaking world.
- Focuses on the six AP themes.
- **Classes are conducted in the target language for 90% of the time**, with great attention to comprehensible input which includes: slower speech, repetition, modeling, frequent checks for understanding, visuals, gestures, frequent opportunities for students to practice, and **use of English only when necessary.**



Students assessed regularly in the three modes of communication:

1. Interpersonal (unscripted conversation in order to complete a task)
2. Interpretive (reading, listening, viewing)
3. Presentational (rehearsed and revised oral and written products).

*Limited Accommodations

High School Credit
Courses- 8th only

HS Art 1

Art I is a comprehensive course that provides the student with introductory experiences in inventive and imaginative expression through a variety of art experiences, media, and techniques.

Emphasis is placed on the elements and principles of design.

*Students may be required to purchase some materials, or an art fee may be required to cover the cost of materials, including a sketchbook.





PRINCIPLES OF AGRICULTURE, FOOD, & NATURAL RESOURCES

- AGRICULTURE IS MORE THAN JUST FARMING, PLANTS, & ANIMALS
- DISCOVER HOW AGRICULTURE SCIENCE IMPACTS ALL OUR DAILY LIVES
- RESEARCH CAREERS, LAWS, REGULATIONS, AND POLICIES
- LEARN CAREER AND LEADERSHIP, ANIMAL SCIENCE, HORTICULTURE, CONSTRUCTION, & LAND MANAGEMENT
- FFA MEMBERS HAVE AN OPPORTUNITY TO RAISE ANIMALS AND ATTEND COMPETITIONS
- *8TH GRADE STUDENTS INTENDING TO PARTICIPATE IN FFA MUST BE ENROLLED IN THIS CLASS

PRINCIPLES OF BUSINESS, MARKETING, AND FINANCE

- Students learn about personal finance, budgeting, and how credit works.
- Students get to learn the basics of Microsoft Office, email etiquette, and public speaking.
- Students get to explore the world of marketing, branding, and how to develop marketing strategies.
- Students get to learn the basics of business including supply and demand, global market, and how to determine the difference between wants and needs.
- Students participate in a mock Stock market competition.

OFFICE 365



BUDGETING



STOCK MARKET



Introduction to Culinary Arts

- Emphasizes the principles of planning, organizing, staffing, directing, and controlling the management of a variety of food service operations.
- Provides insight into the operation of a well-run restaurant.
- Provides safety and sanitation, insight to food production skills, various levels of industry management, and hospitality skills.
- This is an entry-level course for students interested in pursuing a career in the food service industry.
- This course is offered as a classroom and laboratory-based course.

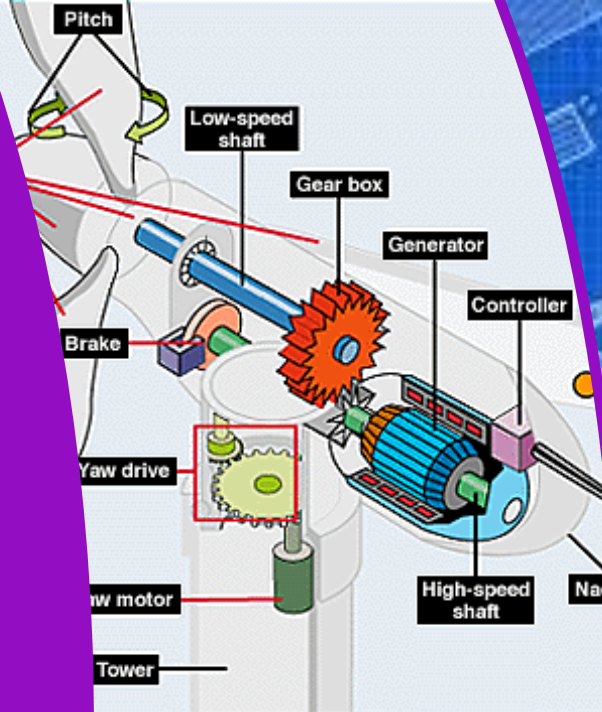


CULINARY ARTS



Principles of Applied Engineering

- Are you the kind of person that likes to build things?
- If you answered yes, this is the course for you.
- Learn how to program a robot, design a balsa wood glider, and create your own electronic device
- Learn by using cutting-edge equipment/technology, cooperative hands-on activities and gain the skills necessary to be successful in the Engineering/Technology career path.





P.E. and Major Sports

P.E. Information

- **Color guard**- prepares students to perform along with the band on the high school level
- **Dance**- provides students with an exploration of the basic fundamentals of movement
- **Cheer**-Tryouts will be held, and the team announced in the Spring. Any student that makes the cheer team will be put in a Major Sports period. (**Jr High Tryout date – March 26, 2024**)
- **Off Campus P.E.**-Requirements and forms can be found on the LCISD website:

<http://www.lcisd.org/departments/athletics/parents-students/off-campus-p-e-program>



PE

Introduces and develops skills in lifetime activities such as volleyball, badminton, basketball, flag football, pickleball, soccer, dance, and kickball. Students learn the importance of physical fitness, good sportsmanship, and individual development.

- PE Uniform Information
- \$20 (shirt & shorts)





Leaman Color Guard



Do you like to DANCE?

Do you enjoy learning new SKILLS?

Do you want to be a part of an AWARD WINNING organization?

Want a PE credit?

Do you want to make lasting FRIENDSHIPS with other hardworking students?

If so, then Color Guard is the place for you!

All students currently in 6th and 7th grade welcome!

- During the fall semester, learn the basics of color guard and start your training to become a member of the Fulshear HS Charger Guard! We will also have a few performance opportunities at pep rallies and football games.
- During the Spring, we turn our focus to our competitive Winter Guard season. Winter guard concentrates on performing indoors across the Houston area and competing against other JH programs across the state.

Scan to learn more!



To sign up, email Ms. Hicks: ehicks@lcisd.org





Dance



- Dance will provide students with an exploration of movement in many different dance genres with the focus to foster student creativity through expression of movement.
- Beginner/Intermediate and Advanced Levels
- Placement is determined by teacher for new and existing dance students.



Major Sports

Students who should sign up for Major Sports:

- *Boys* = Football Only
- *Girls* = Daily commitment to a high-level strength and conditioning program in preparation for competition; daily workouts

SPORTS OFFERED:

- Football
- Basketball
- Volleyball
- Track & Field
- Cross Country
- Soccer

Major Sports

Must be completed in blue or black ink. Student ID # _____

PREPARTICIPATION PHYSICAL EVALUATION – PHYSICAL EXAMINATION

This MEDICAL HISTORY FORM must be completed annually by parent (or guardian) and student in order for the student to participate in activities. These questions are designed to determine if the student has developed any condition which would make it hazardous to participate in an event.

Student's Name: (print) _____ Sex _____ Age _____ Date of Birth: _____
 Address: _____ Phone: _____
 Grade: _____ School: _____
 Personal Physician: _____ Phone: _____
 In case of emergency, contact:
 Name: _____ Relationship: _____ Phone (H): _____ (W): _____

Explain "Yes" answers in the box below. Circle questions you don't know the answers to.**

- Have you had a medical illness or injury since your last check up or physical? Yes No
- Have you been hospitalized overnight in the past year? Yes No
- Have you ever had prior testing for the heart ordered by a physician? Yes No
- Have you ever passed out during or after exercise? Yes No
- Have you ever had chest pain during or after exercise? Yes No
- Do you get tired much quicker than your friends during exercise? Yes No
- Have you ever had racing of your heart or skipped heartbeats? Yes No
- Have you had high blood pressure or high cholesterol? Yes No
- Have you ever been told you have a heart murmur? Yes No
- Has any family member or relative died of heart problems or of sudden unexpected death before age 50? Yes No
- Has any family member been diagnosed with enlarged heart (dilated cardiomyopathy), hypertrophic cardiomyopathy, long QT syndrome or other ion channelopathy (Brugada syndrome, SCD, Mendel's syndrome, or Brugada-like rhythm)? Yes No
- Have you had a severe viral infection (for example, hepatitis) or mononucleosis within the last month? Yes No
- Has a physician ever delayed or restricted your participation in activities for any heart problems? Yes No
- Have you ever had a head injury or concussion? Yes No
- Have you ever been knocked out, become unconscious, or lost your memory? Yes No
- If yes, how many times? _____
- When was your last concussion? _____
- How serious was each one? (Circle below) _____
- Have you ever had a seizure? Yes No
- Do you have frequent or severe headaches? Yes No
- Have you ever had numbness or tingling in your arms, hands, legs or feet? Yes No
- Have you ever had a stroke, tumor, or pinched nerve? Yes No
- Are you taking any pain relief agents? Yes No
- Are you under a doctor's care? Yes No
- Are you currently taking any prescription or non-prescription (over-the-counter) medicines or pills or using an inhaler? Yes No
- Do you have any allergies (for example, to pollen, medicine, food, or staining dyes)? Yes No
- Have you ever been dizzy during or after exercise? Yes No
- Do you have any current skin problems (for example, itching, rashes, acne, warts, blisters, or lesions)? Yes No
- Have you ever become ill from exercising in the heat? Yes No
- Have you ever had any problems with your eyes or vision? Yes No

13. Have you ever gotten unexpectedly short of breath with exercise? Yes No

Do you have asthma? Yes No

Do you have seasonal allergies that require medical treatment? Yes No

14. Do you use any special protective or corrective equipment or devices that aren't usually used for your activity or position (for example, knee brace, special neck roll, foot orthotic, retainer on your teeth, hearing aid)? Yes No

15. Have you ever had a sprain, strain, or swelling after injury? Yes No

Have you broken or fractured any bones or dislocated any joints? Yes No

Have you had any other problems with pain or swelling in muscles, tendons, bones, or joints? Yes No

If yes, check appropriate box and explain below: _____

<input type="checkbox"/> Head	<input type="checkbox"/> Elbow	<input type="checkbox"/> Hip
<input type="checkbox"/> Neck	<input type="checkbox"/> Forearm	<input type="checkbox"/> Thigh
<input type="checkbox"/> Back	<input type="checkbox"/> Wrist	<input type="checkbox"/> Knee
<input type="checkbox"/> Chest	<input type="checkbox"/> Hand	<input type="checkbox"/> Shin/Calf
<input type="checkbox"/> Shoulder	<input type="checkbox"/> Finger	<input type="checkbox"/> Ankle
<input type="checkbox"/> Upper Arm	<input type="checkbox"/> Foot	

16. Do you wear a brace, cast or cast that you use now? Yes No

17. Do you feel stressed out? Yes No

18. Have you ever been diagnosed with or treated for sickle cell trait or sickle cell disease? Yes No

Female Only

19. When was your first menstrual period? _____

When was your most recent menstrual period? _____

How much time do you usually have from the start of one period to the start of another? _____

How many periods have you had in the last year? _____

What was the longest time between periods in the last year? _____

Males Only

20. Are you missing a testicle? Yes No

21. Do you have any testicular swelling or masses? Yes No

An electrocardiogram (ECG) is not required. I have read and understand the risks and benefits concerning the U.S. Student Cardiac Screen Awareness Form. By checking this box, I choose to obtain an ECG for my medical history information. I understand it is the responsibility of my family to schedule and pay for each ECG.

EXPLAIN "YES" ANSWERS IN THE BOX BELOW (attach another sheet of necessary)

It is understood that even though protective equipment is worn by athletes, whenever serious, the possibility of an accident still remains. Neither the University Interscholastic League nor the school assumes any responsibility to cover an accident victim.

In the judgment of any representatives of the school, the above student should need immediate care and treatment as a result of any injury or illness. It is hereby agreed, understood, and consented to such care and treatment as and to the degree and extent by any physician, athletic trainer, nurse or school representative. It is hereby agreed to understand and consent that the school will not assume any financial responsibility from any claim by any person or account of such care and treatment of said student.

If, between the date and the beginning of participation, any illness or injury should occur that may limit that student's participation, I agree to notify the school and notify of such illness or injury.

I hereby declare that, to the best of my knowledge, all answers to the above questions are complete and correct. Failure to provide truthful responses could subject the student in question to penalties determined by the UIL.

Student Signature: _____ Parent/Guardian Signature: _____ Date: _____

Any "Yes" answers to questions 1, 2, 3, 4, 5, or 6 require further medical evaluation which may include a physical examination. Written clearance from a physician, physician assistant, chiropractor, or nurse practitioner is required before any participation in UIL activities, games or practice. THIS FORM MUST BE ON FILE PRIOR TO PARTICIPATION IN ANY PRACTICE, SCHEDULED PERFORMANCE OR CONTEST BEFORE, DURING OR AFTER SCHOOL.

For School Use Only: This Medical History Form was reviewed by: Printed Name: _____ Date: _____ Signature: _____

- All students enrolled in Major Sports or competing in a UIL Sport **MUST** have a completed Physical on file, including the online Rank One forms, before a student participates in any tryout, practice, athletic class, open gym, athletic competition or travels with a LCISD athletic team for any purpose.
- The only required form that cannot be completed electronically is the annual Pre-Participation Physical; keep a copy for your records and the original copy must be turned in to a coach.



Student ID # _____

PREPARTICIPATION PHYSICAL EVALUATION – PHYSICAL EXAMINATION

Student's Name _____ Sex _____ Age _____ Date of Birth: _____
 Height _____ Weight _____ % Body Fat (optional) _____ Pains _____ BP _____ / _____
 tactual blood pressure while sitting

Vision: R: 20 / _____ L: 20 / _____ Corrected: Y N Pupils: Equal Unequal

As a minimum requirement, this Physical Examination Form must be completed prior to junior high participation and again prior to first and third years of high school participation. It must be completed if there are any answers to specific questions on the student's MEDICAL HISTORY FORM on the reverse side. * Local district policy may require an annual physical exam.

MEDICAL	NORMAL	ABNORMAL FINDINGS	INITIALS*
Appearance			
Eyes/Ears/Nose/Throat			
Lymph Nodes			
Heart-Auscultation of the heart in the supine position.			
Heart-Auscultation of the heart in the standing position.			
Heart-Lower extremity pulses			
Pulses			
Lungs			
Abdomen			
Cervicalia (males only) if indicated			
Skin			
Murphy's sign (rachiodactyly), pectus excavatum, joint hypermobility, scoliosis			
Neck			
Back			
Shoulder/Arm			
Elbow/Forearm			
Wrist/Hand			
Hip/Thigh			
Knee			
Leg/Ankle			
Foot			

*Initial-based examination only

CLEARANCE

Cleared

Cleared after completing evaluation/rehabilitation for: _____

Not cleared for: _____ Person: _____

Recommendations: _____

The following information must be filled in and signed by either a Physician, a Physician Assistant licensed by a State Board of Physician Assistant Examiners, a Registered Nurse recognized as an Advanced Practice Nurse by the Board of Nurse Examiners, or a Doctor of Chiropractic. Examination forms signed by any other health care practitioner, will not be accepted.

Name (print/type) _____ Date of Examination: _____

Address: _____

Phone Number: _____

Signature: _____

Must be completed before a student participates in any practice, before, during or after school, (both in-session and out-of-session) or performance game/event.

Major Sports

*All 7th and 8th Grade Students interested in being in Major Sports must have completed all online Rank One forms, turned in a Pre-Participation Sport Form, copy of a Birth Certificate and a copy of a Utility Bill before the first day of the school year.



*Failure to submit the required forms will result in a student not being able to enroll or participate in Major Sports. All online links can be found on the Leaman JH Athletic Web Page.



Major Sports

- Students enrolled in PE, Color Guard or Dance may still tryout for sport teams. If the student makes the volleyball or basketball team, a schedule change may be required.
- All attempts are made to keep the student with the same teachers, but that is not a guarantee.
- Upon completion of the season, a student may get a schedule change back to color guard or dance but may or may not be placed back in their exact schedule as before.



Clubs & Activities



Reminders

Current 7th grade Course Selection REMINDERS:



- You will select classes online in Skyward by January 31st.
- You may select Academic or Pre-AP classes.
- Parents must sign the course selection form, approving your classes.
- Turn it in to your counselors during course selection in Social Studies.
- If your course selection isn't completed and turned in, you MAY not get the classes you want

Last Name: _____ First Name: _____ ID Number: _____

2025-2026 Incoming 8th Grade Course Selection Worksheet



Circle one of the following, either Academic or Pre-AP or Algebra for Each Step 1-4 below:

Step 1: English/Language Arts (ELAR) → Academic 142 Or Pre-AP 148

Step 2: Science Class → Academic 344 Or Pre-AP 347

Step 3: Social Studies Class → Academic 444 Or Pre-AP 447

Step 4: Math Class → Academic 247 Or Pre-AP 249 Or Pre-AP Algebra 2540

****High School Credit: 7th Grade Pre-AP Math Required First**

Step 5: Pick your 1st, 2nd and 3rd Choice Elective (Put a 1, 2 and 3 on the lines below, circle details as needed)

____ Art - 744

____ AVID 8- 080

____ Journalism - 033

____ Career Investigation - 825

____ Choir - 750 Tenor/Bass or 751 Treble or 735 Mix Choir

____ Yearbook - 043 (Prerequisite: Journalism)

____ Band - 739 Beginner or 748 Symphonic or 749 Honors or 740 Concert

____ Orchestra - 737 Beginner or 738 Intermediate

____ Theater Arts - 731 Introduction or 741 Intermediate or Production 732

____ Art 1- 7503 - ****High School Credit**

____ Introduction to Culinary Arts - 7715 - ****High School Credit**

____ Principles of Applied Engineering - 8380 - ****High School Credit**

____ Principles of Business, Marketing & Finance - 7309 - ****High School Credit**

____ Principles of Agriculture, Food & Natural Resources - 7105 - ****High School Credit**

____ Spanish 1 - 5533 - ****High School Credit** - must have an 85 in previous ELAR course

____ Spanish 2 - 5543 - ****High School Credit** - Spanish 1 required first

____ French 1 - 5733 - ****High School Credit** - must have an 85 in previous ELAR course

____ French 2 - 5743 - ****High School Credit** - French 1 required first

____ Spanish for Spanish Speakers - 5633/5643 - ****High School Credit** - (Placement Test Required before Enrolling)

****High School Credits - The credit earned will post to your High School transcripts.**

Step 6: Physical Education (Check only one, put a check on the corresponding line below)

____ Physical Education - 644 - (Regular PE Class)

____ Color Guard - 644 (must try out)

____ Dance - 643 - Level 1, Level 2, Level 3

____ Major Sports - 638 - Football (Track, Cross Country, Volleyball, Basketball and Tennis **Do Not** require the MS Class)
(Student **MUST** have a physical, dated after May 1st, 2025, and Rank One forms **COMPLETED** by 1st Day of School)
(Student **MUST** provide a copy of their birth certificate and current utility bill to be enrolled in the class)

____ Off Campus PE - 882 (AM) or (PM) (Must have required paperwork completed with the Athletics Department)
(The submission deadline for off campus PE is on or before the first day of the semester)

Parent Signature: _____ Date: _____

Student Signature: _____ Date: _____

Current 6th grade Course Selection REMINDERS:



- You will select classes online in Skyward by January 31st.
- You may select academic or Pre-AP classes.
- Parents must sign the course selection form, approving your classes.
- Turn it in during course selection with your Roberts MS counselors.
- If your course selection isn't completed and turned in, you MAY not get the classes you want.

Last Name: _____ First Name: _____ ID Number: _____



2025-2026 Incoming 7th Grade Course Selection Worksheet

Circle one of the following, either Academic or Pre-AP for Each Step 1-4 below:

Step 1: English/Language Arts (ELAR) → Academic 132 Or Pre-AP 138

Step 2: Science Class → Academic 334 Or Pre-AP 337

Step 3: Social Studies Class → Academic 434 Or Pre-AP 437

Step 4: Math Class → Academic 237 Or Pre-AP 238A/238B

Step 5: Pick your 1st and 2nd Choice Elective (Put a 1 & 2 on the corresponding line below, circle details as needed)

_____ Art - 734

_____ Choir – 750 Tenor/Bass or 751 Treble

_____ Journalism – 013

_____ Career Investigation - 825

_____ Band – 739 Beginner or 748 Symphonic or 749 Honors or 740 Concert

_____ Orchestra – 737 Beginner or 738 Intermediate

_____ Theater Arts – 731 Introduction or 741 Intermediate

_____ Spanish 1 – 5533 – ****High School Credit** – must have an 85 in previous ELAR course

_____ French 1 – 5733 – ****High School Credit** – must have an 85 in previous ELAR course

_____ Spanish for Spanish Speakers – 5633/5643 – ****High School Credit** – (Placement Test Required before Enrolling)

****High School Credits: The credit earned for this class will post to your High School transcripts.**

Step 6: Physical Education (Check only one, put a check on the corresponding line below)

_____ Physical Education – 634 (Regular PE Class)

_____ Major Sports – 636 - Football, (Track, Cross Country, Volleyball, Basketball and Tennis **Do Not** require the MS Class)
(Student **MUST** have a physical, dated after May 1st, 2025, and Rank One forms **COMPLETED** by 1st Day of School)
(Student **MUST** provide a copy of their birth certificate and current utility bill to be enrolled in the class)

_____ Dance – 633 Level 1 or Level 2 or Level 3

_____ Color Guard – 634 (must tryout)

_____ Off Campus PE – 882 (AM) or (PM) (Must have required paperwork completed with the Athletics Department
(The submission deadline for off campus PE is on or before the first day of the semester)

Parent Signature: _____ Date: _____

Student Signature: _____ Date: _____

Resources

LCISD Endorsements and Programs of Study webpage:

<https://shorturl.at/VOvWZ>

Leaman Jr. High Website (Counselor's Corner):

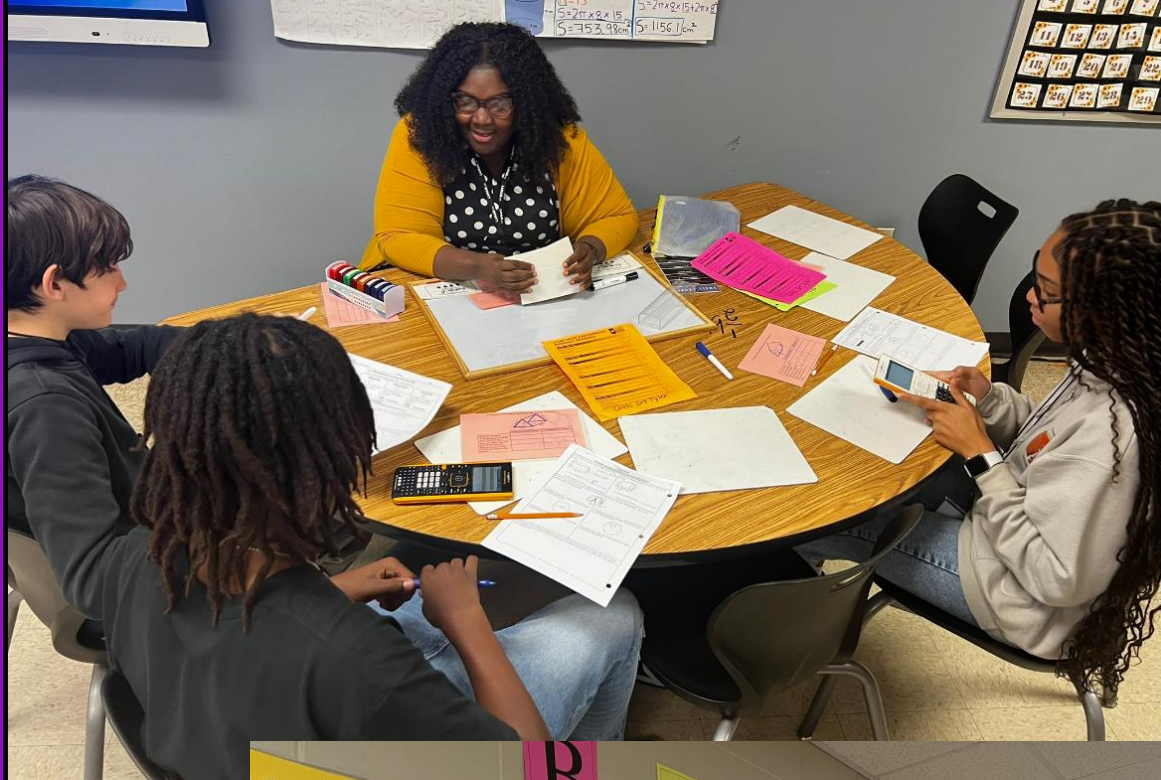
<https://www.lcisd.org/campuses/leamanjh/about/counselor's-corner>

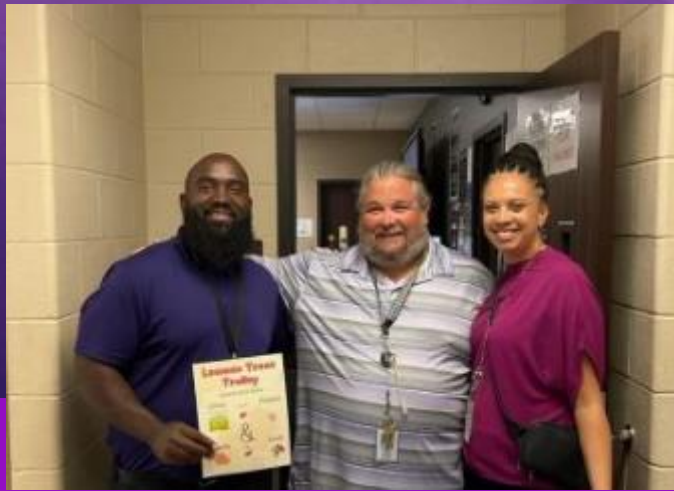
Course Catalog: <https://shorturl.at/ZBozR>

Current Counselor:

6th Graders- Wendy Reed and Simona Smith

7th Graders- Alma Prince, Azure Gaines, Latoya Session



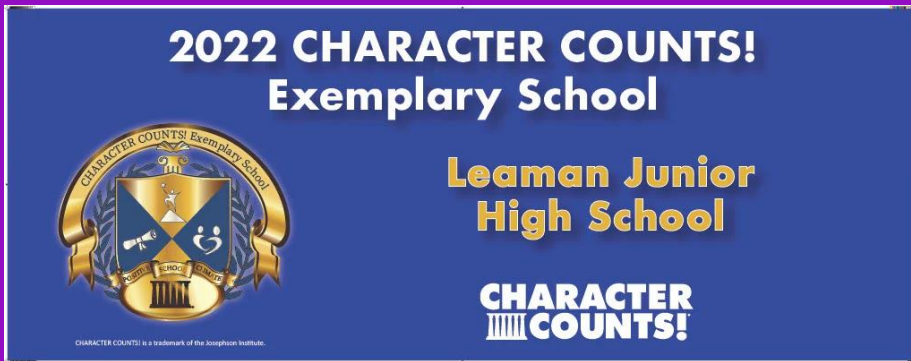




WE LOVE
OUR
Spirit
CHARACTER COUNTS
&
RED RIBBON WEEK







We're charged up for next year!



Questions