

Lamar Consolidated ISD
School Health Advisory Council (SHAC)

Agenda – March 19, 2025

- I. Call to Order**
- II. Introduction and Agenda**
- III. Old Business**
 - a. REMINDER! Submit your School for America’s Healthiest Schools Award
 - i. Deadline April 15, 2025
 - ii. [DOWNLOAD THE AWARD GUIDE](#)
 - iii. [SIGN UP FOR EMAIL UPDATES](#)
- IV. New Business**
 - a. Discuss Wellness Plan Assessment
 - b. 2025-2026 Executive Committee Election
- V. Open Discussion to Share Ideas**
- VI. Events & Reminders**
 - a. March: [National Nutrition Month®](#)
 - b. April 8th: [National Healthy Schools Day - Healthy Schools Network](#)
 - c. April 13th: [Lunches of Love Easter Party](#)
 - d. April 28th: [Annual Fort Bend Drug Symposium](#)
 - e. May: mhanational.org/mental-health-month/
 - f. May 7th: [School Nurse Day - National Association of School Nurses](#)
 - g. SHAC Website <https://www.lcisd.org/departments/athletics/parents-students/s-h-a-c->
 - h. Engage on Facebook! [LCISD School Health Advisory Council | Facebook](#)
- VII. Adjournment**