

MEMORANDUM

School Health Advisory Council

TO: Thomas Randle
Superintendent of Schools

FROM: Nicole Nelson
Athletic Director

Brenda Thompson
Chairperson – School Health Advisory Council executive committee

Hope Frohbieter
Vice Chair - School Health Advisory Council executive committee

Eddie Gradney
Secretary –School Health Advisory Council executive committee

DATE: October 19, 2017

RE: SHAC Committee 2016-2017 Update

The School Health Advisory Committee (SHAC) is an advisory group mandated by legal and local policies (EHAA, EHAC). In its capacity, the SHAC makes recommendations regarding initiatives related to health education and instruction. This memo contains an update on the 2016-2017 SHAC goals that were established in May 2016 as well as an update on what was accomplished. The 2017-2018 SHAC meeting calendar is also included.

- Health Education
- Counseling, Psychological & Social Services
- Social & Emotional School Climate
- Community Involvement/Family Engagement

SHAC 2016-2017 Update

The SHAC committee establishes goals each year in order to accomplish improved health education and instruction for all students. The goals are listed in order of priority. Goals and progress updates include:

Goal 1: Evaluate Abstinence Plus Curriculums

Update:

1. The Fourth R – A relationship focused health curriculum presented by Dr. Jeff Temple from UTMB.

The SHAC will continue in the 2017-2018 school year to review and recommend a curriculum to the school board if changes are necessary.

Goal 2: Increase parent and community involvement on SHAC

Update: The SHAC executive committee developed a flyer to provide to schools. This flyer was emailed to contacts for each campus that has a PTO presence. A LCISD SHAC Facebook page was also created to post meeting information and relevant resource information. Additionally, SHAC members were asked to share meeting information on their own and neighborhood social media accounts to reach even more parents.

These strategies proved successful as several new parents joined the SHAC over the 2016-2017 school year.

Goal 3: Increase education opportunities for mental health awareness and training for teachers and staff

Update: Janet Pozmantier, the director of the Center for School Behavioral Health (a division of Mental Health Association-Houston) presented information about the services and training available. The SHAC worked with Ms. Pozmantier and Debbie de la Riva, Executive Director of Mental Health America of Fort Bend County to provide training for staff during in-service sessions. Two programs were offered during the June 2017 in-service sessions. Each session had a maximum of 30 spots available. The first session had 30 in attendance and the second had 22 in attendance.

Goal 4: Update the District Wellness Policy

Update: A specialized taskforce of SHAC members as well as other stakeholders convened a few times throughout the spring to review and update the district wellness policy (FFA(LOCAL)). Changes to the current policy were submitted for school board review by Nicole Nelson, LCISD Athletic Director and SHAC sponsor. The policy changes were adopted in June 2017.

Additional speakers:

At the September 2016 meeting, parent, Jill Thaxton shared information about the school presentations Fight The New Drug “is an American anti-pornography 501 nonprofit organization, founded in 2009. It focuses on raising awareness on what they consider the harmful effects of pornography.”

Catherine French, CEO of Elijah Rising also spoke to the group. Elijah Rising is “ending sex trafficking and sexual exploitation by equipping a new generation of justice warriors to confront culture through prayer, awareness, intervention and aftercare.”

2016-2017 School Health Advisory Council Meeting Dates				
DATE	DAY	TIME	LOCATION	ATTENDANCE
September 20, 2016	Tuesday	9:00 am – 11:00 am	LCISD Administration	

			Conference Room	
November 15, 2016	Tuesday	9:00 am – 11:00 am	LCISD Administration Conference Room	
February 21, 2017	Tuesday	9:00 am – 11:00 am	LCISD Administration Conference Room	
April 11, 2017	Tuesday	9:00 am – 11:00 am	LCISD Administration Conference Room	